



IHA Milan Summer Fest 5K

08/01/15

MILAN FAMILY
MEDICAL CENTER
870 E. Arkona Road
Milan, MI 48160

RACE WILL HAPPEN
RAIN OR SHINE!

The **IHA Milan Summer Fest 5K** is a 3.1 mile run though the north side of Milan on August 1, 2015. The race will start and finish at IHA Milan Family Medical Center.

The proceeds will go towards a running/walking map of the local trails around Milan. This will be placed in the downtown area making it highly visible for residents and visitors to see.



- Registration begins at **7:00 am**
- 5K starts at **8:00 am**
- Cost: **\$20** with early registration (must be registered by Wednesday, July 29) and \$25 day of event
- To register, go to **IHACares.com**
- Age group **awards** will be handed out
- All participants will receive a **race shirt** and a **water bottle**
- If you have questions, please contact the race coordinator at **devin_oneill@ihacares.com**